

MATERNITY CARE

Your health and safety during the COVID-19 pandemic.

Dear Patients,

We would like to take this opportunity to update you about your maternity care during the coronavirus (COVID-19) pandemic, and assure you that our dedicated team of expert nurses and providers are committed to providing the safest and most effective care.

We are taking every precaution to ensure that both our staff and patients are protected. While much is still being learned about COVID-19, the health and safety of our pregnant patients is and has always been our top priority. Every birth is unique and we will continue to ensure a safe environment for the most important moments in a mother's life.

At this time, our policy is to allow a named visitor to be present for your birth, provided that they meet the hospital's health screening requirements. However, it's important that you stay in close contact with your healthcare provider, or contact the facility where you're delivering, as these policies may change due to unforeseen circumstances.

Before you arrive at the hospital, we want to make you aware of a few additional precautionary steps we are taking at this time. For starters, we have a number of screening questions in place for all patients and visitors before entering the building. Again, this is precautionary and helps maintain the safety of all involved, and limits the spread of any potential infectious illnesses.

Here are the questions you may be asked:

- Does the Patient/Visitor have a fever or signs/symptoms of lower respiratory illness, for example a cough or shortness of breath?
- Has the Patient/Visitor had close contact with a laboratory confirmed COVID-19 patient within 14 days?

We are dedicated to keeping you safe which is why we have implemented universal masking for all staff and providers in patient care areas. Our ability to socially distance when providing patient care is limited, so we are implementing these guidelines to protect both our patients and our staff. These new guidelines apply to all areas of our patient care facilities.

All of our staff members have been trained on hand hygiene and other infection control measures.



To protect yourself and our staff, it's imperative that you follow the latest government advice about social distancing; stay away from public places and avoid anyone who has symptoms suggestive of COVID-19. Please continue to refer to the current guidance on infection prevention for yourself and your household; direction from the Centers for Disease Control and Prevention (CDC) in regard to pregnancy and breastfeeding can be found at www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html.

We ask patients and their named visitor to be particularly vigilant with respect to social distancing in the 14 days prior to admission. No children or additional visitors will be permitted.

Any mother with a confirmed COVID-19 case or who is experiencing symptoms will be supported in taking all the possible precautions to avoid spreading the virus to her infant. To that end, we have created policies and procedures to help ensure that those who have remained unaffected are kept safe and well.

Rest assured that we have robust procedures in place to help prevent the spread of COVID-19 within our hospital and in the community.

To reduce unnecessary traffic to the hospital, all parent education classes and tours have been cancelled for the foreseeable future; where possible we have introduced virtual tours and classes. Please check with the facility where you are delivering for additional information.

What to do when you go into labor

If you think your labor has started, or if you need to go to the hospital due to an emergency or concern about the baby, know that we will be here to support you.

We remain focused on providing you with outstanding care, and we have dedicated staff working hard to ensure you have a healthy and positive pregnancy and birth. Our first priority is providing you with safe and effective care, and we are committed to partnering with you in our efforts to care for you and your baby during this time.

We know this experience may not be what you anticipated. But we will continue to go above and beyond to help you get the most out of this experience while adhering to the guidelines set in place to keep you and your baby safe and healthy.

Thank you for trusting us with your care.